

The Dave McGovern Memorial Winola Wiggle



The Dave McGovern Memorial Winola Wiggle will be held on **Saturday Morning, June 24th at 9:00 am.** The course has been designed to minimize traffic congestion. There will be divisions for running, walking, and a Clydesdale Class. Trophies will be awarded to the first overall male and female runners and walkers. Running awards in the following age groups. Male & Female: 14 & under (3); 15-19 (3); 20-24 (3); 25-29 (3); 30-34 (3); 35-39 (3); 40-44 (3); 45-49 (3); 50-54 (3); 55-59 (3); 60-69 (3); 70 & over (3). Walking awards (1) per age group. The Clydesdale Division, for anyone weighing over 200 lbs. will have (1) overall winner. Registration will be held in front of the Lake Winola Firehouse, at Lake Winola, from **8:00 am to 8:45 am. Parking provided across from the firehouse.**

Registration fee will be \$15.00 in advance, and \$20.00 on race day. First fifty (50) runners to register, receive a Winola Wiggle T-Shirt. **Sign up online at <https://runsignup.com/Race/PA/Factoryville/TheDaveMcGovernMemorialWinolaWiggle5KRunWalk> or scan the QR code below!**

Make checks payable to: Lake Winola Fire Company

You may direct questions and pre-registrations: **Roy Landsiedel at PO Box 73 #1204 RT 307 Lake Winola, PA 18625 rlandsiedel@lakewinolafire.com**

***the course is along country roads with some hills. Map on back. The race will start and end near the Lake Winola Firehouse. Course has been wheel measured.**

In signing this entry, I, for heir's lawyer's executors, administrators, and myself waive and release any and all rights and claims for personal damages I may have against the sponsors of the race. I hereby certify I am physically fit and have trained for this event.

Name: _____ Age: ___ Walk: ___ Run: ___ Clydesdale: ___

Address: _____ Sex: Male ___ Female ___

City: _____ State: ___ Zip: _____ Email Address: _____

Signature: _____

Parents Signature if participant is under 18 years old: _____



